

THE CONSCIOUSNESS REVOLUTION

Going from mindfulness to 'transcendence'... Why consciousness is the ultimate game-changer and the next BIG thing!

"Superb. All the feedback forms identified your session as the highlight"

Carole Williamson & Dr. John Roulston
INDEPENDENT SCHOOLS OF QUEENSLAND

We're always looking for the next big thing to improve human performance. We've had positive thinking, emotional IQ, mindfulness...

What's next? The Consciousness Revolution.

Western science is just now glimpsing the almost infinite potential of human 'consciousness', a field that Eastern traditions have understood for thousands of years. The research is clear - develop consciousness and you promote global brain functioning resulting in remarkable improvements in everything from IQ, relationships, decision-making, focus, creativity, zone-states, mental health and everyday performance.

Mark's cutting-edge talk outlines the latest developments in neuroscience and how by utilising ancient technologies of the mind we can transform our business and life success.

KEY TAKEAWAYS:

- How simple technologies of transcendence can create higher states of consciousness and self-awareness
- How this translates to unparalleled improvements in personal health, inner contentment, stress resilience and business productivity
- How consciousness is what ultimately connects us as families, companies, societies and how it can be developed to promote a heightened sense of team, harmony & community

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MARK BUNN

